

Sowerby Primary Academy Newsletter No. 27



Anyone interested in registering their child for a nursery place please contact Mrs. Clark Tel: 01845 523037. Or email: admin@sowerbyacademy.org

‘Sowing seeds of success: growing courageous learners’

Tel: 01845 523037 www.sowerbyacademy.org Date: 17th April, 2024

Newsletter 27

Dear Parents, Carers,

Well the change for life challenge is well on the way. Make sure you are letting your little ones bring in your loose change to fill up those jars for FOSS. The winning class gets a lovely surprise gift/treat.

Thank you to our KS1 sporting stars for their multi sports skills at the end of last week. They made us all proud, representing the school. Super to see new faces having a go and growing in confidence.

Keeley Ungerechts

Exec Headteacher

Saplings Nursery



Year 3 and Year 4 Ryedale Folk Museum

Our children are looking forward to their trip to the Ryedale Folk Museum at Hutton Le Hole on the 18th April, 2024. We are keeping our fingers crossed for good weather and look forward to seeing photos and hearing all about it.



Height and Weight Checks

Date for your diary. Reception and Y6 height and weight checks will take place on 25th April at 9.15am. A letter has been sent home with your child. If you do not wish your child to participate in these checks, please use the contact information below to contact the team. Thank you.

If parents have any questions, please ask them to contact the NCMP team at HDFT 0 – 19 Children's Services Single point of Contact: 0300 3030916 or email: nationalchild.measurementprogramme@nhs.net

FOSS News

Welcome back, we hope you've had a lovely break over Easter. FOSS have been working hard to organise your next event, The FOSS Change Race!

Starting on April 15th you and your friends will race against each other to collect loose change and pop it in the jar in your classroom. The race will run for 4 weeks, until May 10th.

The class who collects the most change over the 4 weeks will win a prize.

Ready, set, GOOOO!



Nut Free School

Due to allergies, we are a nut-free school. Please be aware of this when sending food into school for snacks and packed lunches. Thank you for your co-operation.



Health and Wellbeing

This term our PSHE focus is health and well being. We would like to kick this off with a reminder about healthy snacks and packed lunches. A bag of apples for the week also tends to be a cheaper option than some of the more unhealthy snacks. Please also observe our **nut-free school policy**.

Follow the link for further information. <https://www.nhs.uk/healthier-families/food-facts/healthier-snacks/>



Tempest Photography



Tempest photography will be in school on Thursday 2nd May, 2024 for children to have class photographs taken.

Children will need to wear full school uniform on this day.

Parent Pay

Please can we politely remind parents to keep their Parent Pay account in a positive balance to pay for school meals, breakfast club, Before and After School Club services etc. We regularly send text messages as a reminder. Please do not ignore these. **All negative balances must be cleared by the end of each month.** Thank you.

Parents Guide to Safety Settings

A Parent's Guide to Safety and Privacy Settings



scan the QR code with your phone's camera for Parent Guides on how to help keep your children safe online

When you give a child access to the Internet, you give them access to the adult world.

The Internet treats everyone as adults and there are many things, they are not yet ready to know, which is why it is vital that some form of safety settings are in place. Doing something is better than doing nothing.

What happens online has an effect to what happens offline and what happens offline has an effect to what happens online.



Online safety is when young people know who they can tell if they feel upset by something that has happened online.

Parents please contact your school to enquire attending their next e-safety workshop or have any concerns.

Working with Home Office 'PREVENT', The Police and Crime Commissioner and Children's Safeguarding Partnerships to help keep children safe online.

Skips Educational Email: info@skipssed.com Tel: +44 121 227 1941

Developed in partnership with



Sickness

There seems to be a nasty tummy bug about at the moment and we have cases of Chickenpox too. We are encouraging pupils to wash hands and be careful.

Our policy is that children who have a virus which means that they are sick or have diarrhea, or both, need to stay away from school until **48 hours have passed** after the last bout of sickness or diarrhea. This helps prevent the spread of infection in the school.

Chickenpox is a minimum of five days from the appearance of the first spots and depending if your child is well enough to return to school. Thank you.

School Uniform/Lost Property

Uniform

We believe a uniform allows all children, regardless of background, to feel equal to their peers and confident in their appearance. We also believe it is important for activities to be facilitated by specialised and appropriate clothing such as sports-specific attire.

Can I take this opportunity at the start of term to remind parents of the expectations for uniform.

Blue School jumpers or cardigans

White/Blue polo shirts

Grey trousers, shorts, skirts, pinafore dress or summer 'gingham' dress.

Sensible black school shoes

Grey, white or black socks, or grey tights

PE kit:

PE kits should be worn on PE days. No football tops and those with logos, expensive trainers etc. You will be directed by your child's class teacher if they require an indoor or outdoor P.E kit, or both.

Indoor Kit:

Black shorts and a plain white T-shirt & pumps or trainers.

Outdoor Kit

Black shorts, school sport hoodie, tracksuit bottoms or leggings, plain white t-shirt, trainers (that are suitable for outdoors), hat/cap if necessary.

Jewellery and make up

Children should not wear jewellery to school. If your child has pierced ears, 'studs' must be worn on school days and these must be removed for PE and swimming.

Nail varnish/ acrylic nails / make up are not allowed.

Lost Property

There is a significant amount of lost property in the box in the hall. Please come and check this/ask to check this at the end of the school day in KS1 playground. Please name ALL uniform so it can be returned.

Dragonflies

Please can we ask that you inform Dragonflies if your child is not attending a pre-booked session, i.e if they are going home with a friend etc. This can be done by contacting Miss Richardson on dragonfly@sowerbyacademy.org .

Turn on the Subtitles



Did you know that turning on the subtitles on your TV at home is the easiest way to get your child reading?

Doing this can double the chance of your child becoming a good reader. Yes, it's really that simple.

Please visit <https://turnonthesubtitles.org/parents/> to see Hollywood legend Jack Black explain how you can turn screen time into reading time in 10 seconds.

If you found this helpful, please share it with as many other parents as possible.

Sensory Garden



May we request any unwanted/grown out of wellies for use in our sensory garden. Thank you.

Next week's menu choice will be Week 2.

Menu week 1

WEEK 1	 MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Margherita pizza with baked potato wedges	Chicken korma with 50/50 rice	Ham & chesse panini (DF available)	Bolognese with rice	Crispy battered fish & chunky chips
VEGETARIAN MAIN DISH	 Tomato & basil pasta	Veggie korma with 50/50 rice	Cheese panini	Creamy Quorn chicken bake	 Vegan sausage & chunky chips
ACCOMPANIMENTS	Peas & sweetcorn	Peas & carrots	 Seasonal salad	Broccoli & sweetcorn	Baked beans
DESSERTS	Fruit flapjack	Jam & coconut sponge	White chocolate cookie	Berry sponge	Ice cream
FRESH FRUIT OR YOGHURT	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt
JACKET POTATO AND SANDWICH SELECTION	Jacket with tuna and sweetcorn. Ham sandwich	Jacket potato with cheese. Tuna and sweetcorn sandwich	Jacket with beans. Egg sandwich	Jacket with cheese. Ham sandwich	Jacket with cheese. Cheese sandwich



Menu week 2

WEEK 2	 MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Beef burger with baked potato wedges	Chicken dinner with a yorkshire pudding and creamy mash potato	Meatballs in tomato sauce served with wholemeal pasta	All day breakfast	Crispy battered fish & chunky chips
VEGETARIAN MAIN DISH	 Quorn™ burger with chips	Quorn chicken dinner with yorkshire pudding and creamy mash	 Quorn™ in a Spanish style tomato sauce with rice	Vegetarian all day breakfast	Cheese and onion quiche
ACCOMPANIMENTS	Baked beans	Peas & carrots ----- Salad bar	 Seasonal salad	Sweetcorn & broccoli ----- Salad bar	Peas & sweetcorn
DESSERTS	 Ginger biscuit	Oaty biscuit	 Chocolate brownie	Lemon drizzle	Ice cream
FRESH FRUIT OR YOGHURT	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt
JACKET POTATO AND SANDWICH SELECTION	Jacket with tuna & sweetcorn. Ham sandwich.	Jacket with beans. Tuna & sweetcorn sandwich.	Jacket with cheese. Ham sandwich.	Jacket with beans. Cheese sandwich.	Jacket with cheese. Ham sandwich.



Menu week 3

WEEK 3	 MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Hot dog served in a bun with chips	Mild Chicken curry with rice	Chicken goujons with half a jacket potato	Sausage and tomato pasta	Crispy battered fish & chunky chips
VEGETARIAN MAIN DISH	Veggie sausage hotdog with baked wedges	Quorn chicken in a savoury rice	Quorn sausage roll with half a jacket potato	Cheesy wheel with rice	 Quorn™ nuggets with chunky chips
ACCOMPANIMENTS 	Baked beans	Pea & carrots	Salad	Sweetcorn and broccoli	Veggie sticks
DESSERTS	Shortbread	Gingerbread person	Custard cream cookie	Chocolate crunch	Ice lolly
FRESH FRUIT OR YOGHURT	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt
JACKET POTATO AND SANDWICH SELECTION	Jacket potato with tuna & sweetcorn. Ham sandwich	Jacket with baked beans. Tuna & sweetcorn sandwich	Jacket potato with cheese. Egg sandwich	Jacket with beans. Cheese sandwich	Jacket with cheese. Ham sandwich



Dates for your diary

Tempest photography will be in school on Thursday 2nd May, 2024

May Day holiday - **Monday 6th May, 2024**

Teeth Team in school for children who have subscribed on Thursday 18th April, 2024.

Colour Run - Thursday, 20th June, 2024

Sports Day -Friday, 21st June, 2024

Year 5/6 Performance - Dress Rehearsal Monday 24th June at 1.30 pm

Performance for Parents Evening 25th and 26th June

Thirsk Music Festival (Joint Primary Schools) Tuesday 2nd July, 2024

Summer Fair Thursday 4th July, 2024

Leavers Assembly - Thursday, 18th July, 2024 at 1.30pm

NEW STARTERS

23RD May - Parents meeting at 5.30 pm

Stay and Play 1.30pm 25th June

Teddy Bears Picnic 1.30pm on 1st July

Forests Schools 3.45 on 3rd July

A promotional poster for 'Hockey Heroes' featuring two children playing hockey on a green field. The title 'HOCKEY HEROES' is in a large, stylized font. Below it, the tagline 'A HERO IN EVERY KID' is written. The poster includes details about an 8-week program for children aged 5-8, the cost of £40, and booking information for sessions at Thirsk Astro Pitch from May to July.

HOCKEY HEROES

A HERO IN EVERY KID

A FUN WELCOMING PROGRAMME FOR ALL CHILDREN AGED 5 - 8

Hockey Heroes is an 8 week fun programme for 5 to 8 year olds. It develops physical skills as well character 'superpowers' through working in teams, and trying new challenges.

For only £40, your child gets 8 hockey sessions, 2 sticks and a ball, plus a personalised t-shirt.

Book your place now and get your kit at hockeyheroes.co.uk. Just enter your postcode to find Thirsk Hockey Club sessions.

The sessions are:

- at Thirsk Astro Pitch, next to Thirsk School
- on Mondays 15th May to 8th July
- 6.30pm to 7.30pm

Any questions contact - thirskhc.enquiries@gmail.com

FIND OUT MORE - hockeyheroes.co.uk

Thirsk Tennis Club - Open Day



Why not try tennis? Thirsk Tennis Club are holding an open afternoon at the Thirsk tennis club on Newsham Road, on Sunday 21 April from 1 - 3pm . All you need is suitable shoes, racquets are provided.

Refreshments will be served and this is for All age groups. We have an over 50's group as well.

York City Foundation at Thirsk Sports Village

York City Foundation at Thirsk Sports Village on Friday Evenings - various ages for boys and girls! Please follow the links below for further information.

[Book Thirsk Skills Centre 10 - 13 Summer Term from York City \(officialsoccerschools.co.uk\)](http://officialsoccerschools.co.uk)

[Book Thirsk Falcons Fledglings 4 - 6 Summer Term from York City \(officialsoccerschools.co.uk\)](http://officialsoccerschools.co.uk)

[Book Thirsk Skills Centre 7 - 9 Summer Term from York City \(officialsoccerschools.co.uk\)](http://officialsoccerschools.co.uk)

[Book Thirsk Falcons Wildcats Session Girls Only 5 - 11 Summer Term from York City \(officialsoccerschools.co.uk\)](http://officialsoccerschools.co.uk)



YCFC
Foundation
Thirsk Falcons
Wildcats

FOUNDATION
Friday Evenings
(Term Time Only)

Thirsk Falcons Wildcats
Sessions ages 5 - 11
6:00 - 6.55pm At
Thirsk Sports Village
3G Pitch
YO7 1TS



To book visit officialsoccer schools.co.uk/Yorkcity or
 Email: grassroots@yorkcityfcfoundation.co.uk

Have Fun!  **WILD CATS**  **Play Football** 
 **Make Friends**

What's On and Thirsk News from Thirsk Tourist Information

Please follow the link for the latest newsletter:

<https://visitthirsk.uk/pages/whatson.php>

Term Dates Academic Year 2024/2025

The term and holiday dates for the academic year 2024/2025 are on the school website. Please click on the link below to view these. Thank you. <https://www.sowerbyacademy.org/home/term-dates>

Attendance and Authorised Holiday

I am sorry but we are not able to authorise any holidays in term time. It is imperative that we close educational gaps created by lost learning and we must follow DfE guidance on this. Thank you for your understanding. Exceptional Circumstances Leave [Request form must be submitted prior to leave being taken](#). This is also available on school website (parents tab/parents information)

Attendance is very important and this is monitored for every child. Any child with attendance below 90% is classed as PA Persistent Absence and we have a duty of care to follow this through to see how we

can support this getting better. We would communicate concerns about attendance, in the first instance, by letter. Letters for last term will be sent out this week.

Attendance last week of term

Whole School: 96.41%

Unauthorised Absence: 0.56%

Best class attendance last week: **100% Rashford and Saplings Class Well done!**

[School Calendar](#)



Please follow the link to calendar of events this term on our website.

[Up and coming events](#)